

REGULAR

Six (6) vegetable capsules contain:

Microcrystalline hydroxyapatite (freeze-dried MCHA)*	3600 mg
Calcium (from calcium hydroxyapatite*)	900 mg
Protein (from calcium hydroxyapatite*)	900 mg
Phosphorus (from calcium hydroxyapatite*)	450 mg
L-Lysine (L-lysine monohydrochloride)	300 mg
L-Proline	300 mg
Glucosamine sulfate (from crab, lobster, shrimp, or prawn exoskeleton, stabilized with potassium chloride), sodium-free	252 mg
Vitamin C (ascorbic acid)	186 mg
Magnesium (from fully reacted magnesium bisglycinate)	145 mg
Grape (<i>Vitis vinifera</i>) seed extract, 80% oligomeric proanthocyanidins	60 mg
Green tea (<i>Camellia sinensis</i>) leaf extract, 75% epigallocatechin-3-gallate (EGCG)	42 mg
Field horsetail (<i>Equisetum arvense</i>) aerial part extract, 7% silica	30 mg
Turmeric (<i>Curcuma longa</i>) root extract, 95% curcuminoids, providing curcumin I, demethoxycurcumin, and bisdemethoxycurcumin	20 mg
Zinc (from zinc monomethionine)	9.3 mg
Lycopene (from tomato [<i>Solanum lycopersicum</i>] flesh)	5 mg
Vitamin B1 (thiamine hydrochloride)	4.65 mg
Boron (from boron citrate)	3.36 mg
Manganese (from manganese citrate)	2.79 mg
Lutein (from marigold [<i>Tagetes erecta</i>])	2 mg
Copper (from copper citrate)	930 mcg
Folate (from calcium L-5-methyltetrahydrofolate)	500 mcg
Vitamin B12 (methylcobalamin)	150 mcg
Vitamin K2 (menaquinone-4)	83 mcg
Vitamin D3 (cholecalciferol)	25 mcg (1000 IU)
Vitamin K2 (menaquinone-7)	10 mcg

*From New Zealand cattle. Guaranteed free of bovine spongiform encephalopathy (BSE) and recombinant bovine growth hormone (rBGH).

Other ingredients:

Natural peppermint flavour, microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water. V0209-R13 · NPN 80030327

#0296 (90 capsules) · #0297 (180 capsules) · #0950 (360 capsules)

Directions of use:

Adults: Take 2 capsules one to three times daily with food or as directed by your health-care practitioner. If you are taking other medications, take this product a few hours before or after them.

Manufactured under strict GMP (Good Manufacturing Practices).

BORON-FREE

Six (6) vegetable capsules contain:

Microcrystalline hydroxyapatite (freeze-dried MCHA)*	3600 mg
Calcium (from calcium hydroxyapatite*)	900 mg
Protein (from calcium hydroxyapatite*)	900 mg
Phosphorus (from calcium hydroxyapatite*)	450 mg
L-Lysine (L-lysine monohydrochloride)	300 mg
L-Proline	300 mg
Glucosamine sulfate (from crab, lobster, shrimp, or prawn exoskeleton, stabilized with potassium chloride), sodium-free	252 mg
Vitamin C (ascorbic acid)	186 mg
Magnesium (from fully reacted magnesium bisglycinate)	145 mg
Grape (<i>Vitis vinifera</i>) seed extract, 80% oligomeric proanthocyanidins	60 mg
Green tea (<i>Camellia sinensis</i>) leaf extract, 75% epigallocatechin-3-gallate (EGCG)	42 mg
Field horsetail (<i>Equisetum arvense</i>) herb, 7% silica	30 mg
Turmeric (<i>Curcuma longa</i>) root extract, 95% curcuminoids, providing curcumin I, demethoxycurcumin, and bisdemethoxycurcumin	20 mg
Zinc (from zinc monomethionine)	9.3 mg
Lycopene (from tomato [<i>Solanum lycopersicum</i>] flesh)	5 mg
Vitamin B1 (thiamine hydrochloride)	4.65 mg
Manganese (from manganese citrate)	2.79 mg
Lutein (from marigold [<i>Tagetes erecta</i>] flower)	2 mg
Copper (from copper citrate)	930 mcg
Folate (from calcium L-5-methyltetrahydrofolate)	500 mcg
Vitamin B12 (methylcobalamin)	150 mcg
Vitamin K2 (menaquinone-4)	83 mcg
Vitamin D3 (cholecalciferol)	25 mcg (1,000 IU)
Vitamin K2 (menaquinone-7)	10 mcg

*From New Zealand cattle. Guaranteed free of bovine spongiform encephalopathy (BSE) and recombinant bovine growth hormone (rBGH).

Other ingredients:

Natural peppermint flavour, microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water. V0469-R7 · NPN 80036486

#1721 (90 capsules) · #1722 (180 capsules) · #1723 (360 capsules)

Directions of use:

Adults: Take 2 capsules one to three times daily with food or as directed by your health-care practitioner. If you are taking other medications, take this product a few hours before or after them.

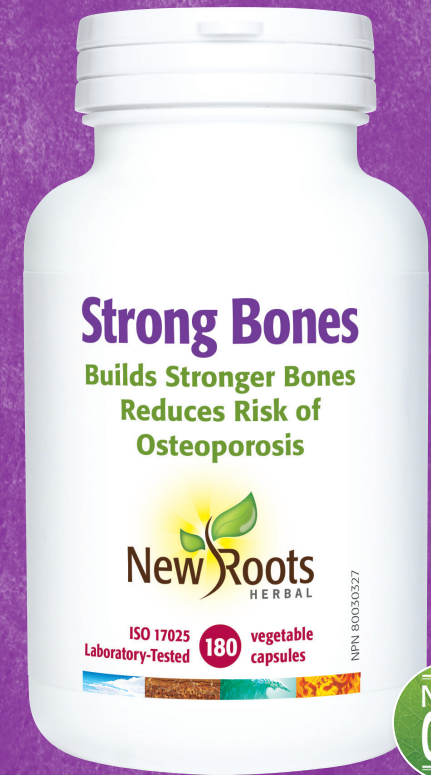
Manufactured under strict GMP (Good Manufacturing Practices).

New Roots
HERBAL

Strong Bones

ALSO AVAILABLE BORON-FREE
AND VEGETARIAN

HELPS PREVENT OSTEOPOROSIS
AND HEAL BONE INJURIES



All New Roots Herbal Products Are Tested
in Our ISO 17025–Accredited Laboratory

Strong Bones

ALSO AVAILABLE BORON-FREE
AND VEGETARIAN



Osteoporosis is a silent disease in which bones become fragile and more likely to break. Although usually associated with women, it is a concern for men as well. Strong Bones may reduce the risk of developing osteoporosis when combined with a healthy diet and regular exercise.

What Makes Strong Bones Formulations Your Best Solution?

Strong Bones formulas were developed to provide your bones with the vitamins and minerals they need to support you so you can lead a full active life.

Calcium helps in the development and maintenance of bones.

Phosphorus is vital for bone and tooth development and cell growth.

Magnesium plays a critical role in calcium absorption. Its bisglycinate form is the most easily absorbed and is gentle on the stomach.

Zinc is vital for collagen formation and protein synthesis. It also helps with the absorption of vitamins A and E.

Manganese is essential for bone growth, cartilage formation, and the production of synovial (lubricating) fluid in the joints.

Copper helps bone, connective tissue, and collagen formation. It also helps form elastin, the protein that makes up elastic tissue.

Boron is helpful for preventing calcium loss and increasing bone density. **As boron can exert a mild estrogenic effect, our boron-free formula alleviates concerns for women with estrogen-dependent diseases.**

Vitamin B1 (thiamin) strengthens circulation, red blood cell formation, carbohydrate metabolism, and digestion. It is also an important antioxidant, protecting the body from the effects of aging.

Vitamin K2 (menaquinone-4 and -7) inhibits the formation of the cells within the bones (osteoclasts) that are responsible for the loss of bone mineral density.

Silica-rich horsetail builds strength and elasticity, helping to repair connective tissue.

Vitamin D3 (cholecalciferol), the natural form of vitamin D, is essential for the absorption of calcium and phosphorus, both required to the maintenance of bone health.

Vitamin C is an antioxidant vital for collagen formation and the repair and growth of connective tissue.

Complementary ingredients help in similar ways to retain calcium in bones, ensure its proper assimilation by the body, and help form new bone mass and decrease the loss of old bone mass.

Discover how Strong Bones can help you maintain a healthy, active lifestyle.

Strong Bones

ALSO AVAILABLE BORON-FREE
AND VEGETARIAN



Make Life Better · newrootsherbal.com

VEGETARIAN

Nine (9) vegetable capsules contain:

Calcium (from calcium phosphate, tribasic)	1,000 mg
Phosphorus (from calcium phosphate, tribasic)	472.23 mg
L-Lysine	300 mg
L-Proline	300 mg
Magnesium (from fully reacted magnesium bisglycinate)	270 mg
Glucosamine hydrochloride (from <i>Aspergillus niger</i>)	252 mg
Vitamin C (ascorbic acid)	186 mg
Grape (<i>Vitis vinifera</i>) seed extract, 80% oligomeric proanthocyanidins	60 mg
Green tea (<i>Camellia sinensis</i>) leaf extract, 75% epigallocatechin-3-gallate (EGCG)	42 mg
Field horsetail (<i>Equisetum arvense</i>) aerial part extract, 7% silica	30 mg
Turmeric (<i>Curcuma longa</i>) root extract, 95% curcuminoids, providing curcumin I, demethoxycurcumin, and bisdemethoxycurcumin	22.5 mg
Zinc (from zinc monomethionine)	9.27 mg
Lycopene (from tomato [<i>Solanum lycopersicum</i>] flesh)	5 mg
Vitamin B1 (thiamine hydrochloride)	4.65 mg
Boron (from boron citrate)	3.36 mg
Manganese (from manganese citrate)	2.79 mg
Lutein (from marigold [<i>Tagetes erecta</i>] oleoresin)	2 mg
Copper (from copper citrate)	930 mcg
Folate (from calcium L-5-methyltetrahydrofolate)	500 mcg
Vitamin B12 (methylcobalamin)	150 mcg
Vitamin K2 (menaquinone-4 [83 mcg] and menaquinone-7 [10 mcg])	93 mcg
Vitamin D3 (cholecalciferol)	25 mcg (1,000 IU)

Other ingredients:

Natural peppermint flavour, microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water. V0529-R3 · NPN 80071671 #2121 (270 capsules)

Directions of use:

Adults: Take 3 capsules one to three times daily with food or as directed by your health-care practitioner. If you are taking other medications, take this product a few hours before or after them.

Duration of use:

Consult a health-care practitioner for use beyond 12 weeks.

Manufactured under strict GMP (Good Manufacturing Practices).

HP0296

